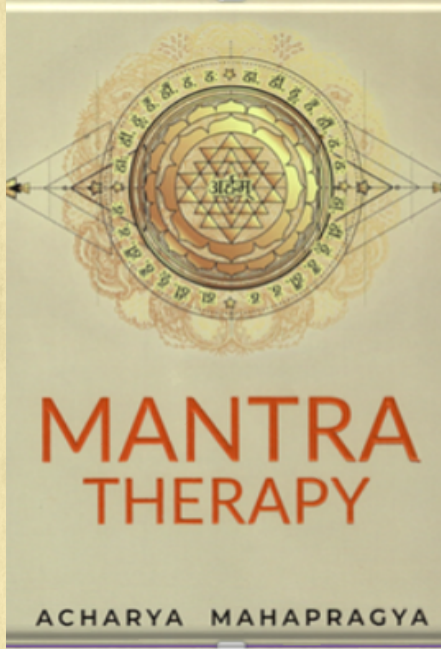




Jain Vishva Bharati London



365 MANTRAS

based on the book Mantra Therapy.
by His Holiness Acharya Mahapragya
Vocals by: Samani Punya Pragyaji

SUCCESS



TAKE CARE
OF YOUR
MIND

VICTORY



POSITIVE
MINDSET



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MANTRAS FOR AUSPICIOUSNESS

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[Mantra for Happy Surroundings](#)

[Mantra for Bringing Auspiciousness](#)

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SPIRITUALITY RELATED MANTRAS

<u>Mantra for Becoming Arhat (Perfect Soul)</u>	<u>Mantra for Visualising The Mantra (1)</u>
<u>Mantra for Spiritual Prosperity (1)</u>	<u>Mantra for Visualising The Mantra (2)</u>
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<u>Mantra for Spiritual Prosperity (5)</u>	<u>Mantra for Realising Success of Mantra (1)</u>
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<u>Mantra for Bliss (1)</u>	<u>Mantra for Bliss (2)</u>

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HEALTH & WELL-BEING RELATED MANTRAS

<u>Mantra for Developing Mental Strength</u>	<u>Mantra for Mental Peace (1)</u>
<u>Mantra for Effective Speech (1)</u>	<u>Mantra for Mental Peace (2)</u>
<u>Mantra for Effective Speech (2)</u>	<u>Mantra for Mental Peace (3)</u>
<u>Mantra for Mental Happiness</u>	<u>Mantra for Mental Peace (4)</u>
<u>Mantra for Holistic Growth</u>	<u>Mantra for Mental Peace (5)</u>
<u>Mantra for Positive Thinking (1)</u>	<u>Mantra for Empowering Sense Organs</u>
<u>Mantra for Positive Thinking (2)</u>	<u>Mantra for Overcoming Anxiety (1)</u>
<u>Mantra for Positive Thinking (3)</u>	<u>Mantra for Overcoming Anxiety (2)</u>
<u>Mantra for Positive Thinking (4)</u>	<u>Mantra for Overcoming Frustration</u>
<u>Mantra for Peaceful Life (1)</u>	<u>Mantra for Developing Discretion Power</u>
<u>Mantra for Peaceful Life (2)</u>	<u>Mantra for Relieving Stress</u>
<u>Mantra for Peaceful Life (3)</u>	<u>Mantra for Reducing the Heat</u>
<u>Mantra for Peace & Wish Fulfillment (1)</u>	<u>Mantra for Curing Physical Heat</u>
<u>Mantra for Peace & Wish Fulfillment (2)</u>	

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HEALTH & WELL-BEING RELATED MANTRAS

<u>Mantra for Procuring Health (1)</u>	<u>Mantra for Recovering from Fever (1)</u>
<u>Mantra for Procuring Health (2)</u>	<u>Mantra for Recovering from Fever (2)</u>
<u>Mantra for Procuring Health (3)</u>	<u>Mantra for Recovering from Fever (3)</u>
<u>Mantra for Procuring Health (4)</u>	<u>Mantra for Recovering from Fever (4)</u>
<u>Mantra for Procuring Health (5)</u>	<u>Mantra for Treating Malaria</u>
<u>Mantra for Procuring Health (6)</u>	<u>Mantra for Balancing Blood Pressure</u>
<u>Mantra for Procuring Health (7)</u>	<u>Mantra for Treatment of Headache (1)</u>
<u>Mantra for Procuring Health (8)</u>	<u>Mantra for Treatment of Headache (2)</u>
<u>Mantra for Procuring Health (9)</u>	<u>Mantra for Treatment of Headache (3)</u>
<u>Mantra for Procuring Health (10)</u>	<u>Mantra for a Powerful Nervous System</u>
<u>Mantra for Remedy for All Diseases (1)</u>	<u>Mantra for Improving Immunity</u>
<u>Mantra for Remedy for All Diseases (2)</u>	
<u>Mantra for Remedy for All Diseases (3)</u>	

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HEALTH & WELL-BEING RELATED MANTRAS

<u>Mantra for Brain Therapy</u>	<u>Mantra for Treatment for Stomachache Problems (1)</u>
<u>Mantra for Ear Therapy</u>	<u>Mantra for Treatment for Stomachache Problems (2)</u>
<u>Mantra for Eye Therapy (1)</u>	<u>Mantra for Healing Boils (1)</u>
<u>Mantra for Eye Therapy (2)</u>	<u>Mantra for Healing Boils (2)</u>
<u>Mantra for Eye Therapy (3)</u>	<u>Mantra for Healing Skin Diseases</u>
<u>Mantra for Eye Therapy (4)</u>	<u>Mantra for Healing Migraine (1)</u>
<u>Mantra for Eye Therapy (5)</u>	<u>Mantra for Healing Migraine (2)</u>
<u>Mantra for Dental Treatment</u>	<u>Mantra for Balancing Digestive System</u>
<u>Mantra for Treatment for Hiccups</u>	<u>Mantra for Overcoming Insomnia (1)</u>
<u>Mantra for Hiccups and Asthma</u>	<u>Mantra for Overcoming Insomnia (2)</u>
<u>Mantra for Heart Related Diseases</u>	<u>Mantra for Empowering Effect of Medicine</u>
<u>Mantra for Treatment for Stomachache (1)</u>	<u>Mantra for Healing Eye Flue (Conjunctivitis)</u>
<u>Mantra for Treatment for Stomachache (2)</u>	<u>Mantra for Improving Eye Sight</u>
<u>Mantra for Treatment for Jaundice</u>	

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SELF DEVELOPMENT & PERSONALITY RELATED MANTRAS

<u>Mantra for Resolution Power</u>	<u>Mantra for Creating Attraction (1)</u>
<u>Mantra for Developing Impressive Personality (1)</u>	<u>Mantra for Creating Attraction (2)</u>
<u>Mantra for Developing Impressive Personality (2)</u>	<u>Mantra for Creating Attraction (3)</u>
<u>Mantra for Impressive Personality (3)</u>	<u>Mantra for Creating Attraction (4)</u>
<u>Mantra for Developing Friendliness</u>	<u>Mantra for Overcoming Anger (1)</u>
<u>Mantra for Enchanting Radiance</u>	<u>Mantra for Overcoming Anger (2)</u>
<u>Mantra for Freedom From Irritation</u>	<u>Mantra for Overcoming Anger (3)</u>
	<u>Mantra for Overcoming Anger (4)</u>

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KNOWLEDGE RELATED MANTRAS

<u>Mantra for Developing Right Thinking (1)</u>	<u>Mantra for Enhancing Knowledge (1)</u>
<u>Mantra for Developing Right Thinking (2)</u>	<u>Mantra for Enhancing Knowledge (2)</u>
<u>Mantra for Enhancing Intelligence (1)</u>	<u>Mantra for Enhancing Knowledge (3)</u>
<u>Mantra for Enhancing Intelligence (2)</u>	<u>Mantra for Enhancing Knowledge (4)</u>
<u>Mantra for Enhancing Intelligence (3)</u>	<u>Mantra for Enhancing Knowledge (5)</u>
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<u>Mantra for Enhancing Intelligence (6)</u>	<u>Mantra for Enhancing Memory Power (2)</u>
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<u>Mantra for Enhancing Intelligence (8)</u>	<u>Mantra for Poetic Ability</u>
<u>Mantra for Enhancing Intelligence (9)</u>	<u>Mantra for Concentration</u>
<u>Mantra for Enhancing Intelligence (10)</u>	

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SUCCESS RELATED MANTRAS

<u>Mantra for Success in Work (1)</u>	<u>Mantra for Vachan Siddhi (Words Become True -1)</u>
<u>Mantra for Success in Work (2)</u>	<u>Mantra for Vachan Siddhi (Words Become True -2)</u>
<u>Mantra for Success in Work (3)</u>	<u>Mantra for Vachan Siddhi (Words Become True -3)</u>
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<u>Mantra for Success in Work (6)</u>	<u>Mantra for Honour Across the State (1)</u>
<u>Mantra for Success in Work (7)</u>	<u>Mantra for Honour Across the State (2)</u>
<u>Mantra for Success in Work (8)</u>	<u>Mantra for Honour Across the State (3)</u>
<u>Mantra for Success in Work (9)</u>	<u>Mantra for Obtaining the Rare Thing</u>
<u>Mantra for Success in Work (10)</u>	<u>Mantra for Attaining Success</u>
<u>Mantra for Success in Work (11)</u>	
<u>Mantra for Success in Work (12)</u>	
<u>Mantra for Success in Work (13)</u>	

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PROSPERITY RELATED MANTRAS

<u>Mantra for Materialistic Prosperity (1)</u>	<u>Mantra for Augmentation of Good Fortune (1)</u>
<u>Mantra for Materialistic Prosperity (2)</u>	<u>Mantra for Augmentation of Good Fortune (2)</u>
<u>Mantra for Materialistic Prosperity (3)</u>	<u>Mantra for Augmentation of Good Fortune (3)</u>
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<u>Mantra for Materialistic Prosperity (5)</u>	<u>Mantra for Augmentation of Fame (2)</u>
<u>Mantra for Augmenting Wealth and Welfare</u>	<u>Mantra for Removing Poverty</u>

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PEACE, HAPPINESS & JOURNEY RELATED MANTRAS

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<u>Mantra for Family Peace (1)</u>	<u>Mantra for Safe Journey (2)</u>
<u>Mantra for Family Peace (2)</u>	<u>Mantra for Entering A Locality (1)</u>
<u>Mantra for Family Peace (3)</u>	<u>Mantra for Entering A Locality (2)</u>
<u>Mantra for Family Peace (4)</u>	<u>Mantra for Harmony</u>
<u>Mantra for Creating A Favourable Atmosphere</u>	<u>Mantra for Experiencing Subtle Touch</u>
<u>Mantra for Experiencing Divine Fragrance</u>	<u>Mantra for Freedom From Sorrow</u>

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DESIRE RELATED MANTRAS

<u>Mantra for Wish Fulfilling (1)</u>	<u>Mantra for Aim Fulfillment (1)</u>
<u>Mantra for Wish Fulfilling (2)</u>	<u>Mantra for Aim Fulfillment (2)</u>
<u>Mantra for Wish Fulfilling (3)</u>	<u>Mantra for Aim Fulfillment (3)</u>
<u>Mantra for Wish Fulfilling (4)</u>	<u>Mantra for Aim Fulfillment (4)</u>
<u>Mantra for Wish Fulfilling (5)</u>	<u>Mantra for Aim Fulfillment (5)</u>
<u>Mantra for Wish Fulfilling (6)</u>	<u>Mantra for Aim Fulfillment (6)</u>
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<u>Mantra for Wish Fulfilling (10)</u>	
<u>Mantra for Wish Fulfilling (11)</u>	
<u>Mantra for Wish Fulfilling (12)</u>	
<u>Mantra for Wish Fulfilling (13)</u>	

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DESIRE RELATED MANTRAS

[Mantra for Obtaining Unexpected Result](#)

[Mantra for Attaining Favourable Atmosphere](#)

[Mantra for Planting Image \(1\)](#)

[Mantra for Planting Image \(2\)](#)

[Mantra for Planting Image \(3\)](#)

[Mantra for The Absconded Returns Home](#)

[Mantra for Getting Lost Things Back](#)

[Mantra for Dream Prophecy \(1\)](#)

[Mantra for Dream Prophecy \(2\)](#)

[Mantra for Dream Prophecy \(3\)](#)

[Mantra for Getting Answers in Dreams \(1\)](#)

[Mantra for Getting Answers in Dreams \(2\)](#)

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OVERCOMING TROUBLES & OBSTACLES RELATED MANTRAS

<u>Mantra for Overcoming Troubles (1)</u>	<u>Mantra for Removing Obstacles (4)</u>
<u>Mantra for Overcoming Troubles (2)</u>	<u>Mantra for Removing Obstacles (5)</u>
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<u>Mantra for Removing Obstacles (2)</u>	<u>Twenty One Om Bhikshu Mala Mantra for Removing Obstacles (8)</u>
<u>Mantra for Removing Obstacles (3)</u>	<u>Mantra for Removing Obstacles (9)</u>
<u>Mantra for Removing Obstacles (4)</u>	<u>Mantra for Removing Obstacles (10)</u>

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OVERCOMING FEAR & TROUBLE RELATED MANTRAS

<u>Mantra for Getting Rid of Troubles (1)</u>	<u>Mantra for Getting Over the Fear of Fire (1)</u>
<u>Mantra for Getting Rid of Troubles (2)</u>	<u>Mantra for Getting Over the Fear of Fire (2)</u>
<u>Mantra for Getting Rid of Troubles (3)</u>	<u>Mantra for Overcoming Fear of Thieves (1)</u>
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<u>Mantra for Eliminating Fear (1)</u>	<u>Mantra for Overcoming Fear of Thieves (3)</u>
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<u>Mantra for Eliminating Fear (4)</u>	<u>Mantra for Overcoming the Fear of War</u>
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<u>Mantra for Achieving the State of Fearlessness (1)</u>	<u>Mantra for Making Motionless -Enemies</u>
<u>Mantra for Achieving the State of Fearlessness (2)</u>	<u>Mantra for Making Motionless -Thieves</u>
<u>Mantra for Conquering Fear & Enmity</u>	

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VICTORY RELATED MANTRAS

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<u>Mantra for Victory_2.</u>	<u>Mantra for Victory Over Enemies 2.</u>
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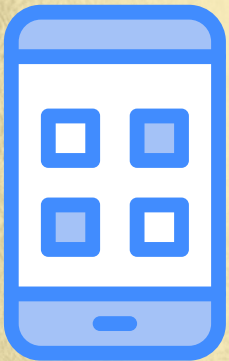
PROTECTION RELATED MANTRAS

<u>Mantra for Protective Armour (1).</u>	<u>Mantra for Protective Armour (8).</u>
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TITHI RELATED MANTRAS

<u>Mantra for the First Phase of Moon (Ekam).</u>	<u>Mantra for the Ninth Phase of Moon (Navamee).</u>
<u>Mantra for the Second Phase of Moon (Dviteeyā).</u>	<u>Mantra for the Tenth Phase of Moon (Dashamee).</u>
<u>Mantra for the Third Phase of Moon (Triteeyā).</u>	<u>Mantra for the Eleventh Phase of Moon (Ekādashee).</u>
<u>Mantra for the Fourth Phase of Moon (Chathurthee).</u>	<u>Mantra for the Twelfth Phase of Moon (Dvādashee).</u>
<u>Mantra for the Fifth Phase of Moon (Panchami).</u>	<u>Mantra for the Thirteenth Phase of Moon (Trayodashee).</u>
<u>Mantra for the Sixth Phase of Moon (Shashthee).</u>	<u>Mantra for the Fourteenth Phase of Moon (Chaturdashee).</u>
<u>Mantra for the Seventh Phase of Moon (Saptamee).</u>	<u>Mantra for Full Moon Day (Poornimā).</u>
<u>Mantra for the Eighth Phase of Moon (Ashtamee).</u>	<u>Mantra for No Moon Day (Amāvasyā).</u>



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* App for Apple phones not yet available

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PLANETARY RELATED MANTRAS

<u>Mantra for Planet Rahu (1)</u>	<u>Mantra for Planet Sun (1)</u>
<u>Mantra for Planet Rahu (2)</u>	<u>Mantra for Planet Sun (2)</u>
<u>Mantra for Planet Jupiter (1)</u>	<u>Mantra for Planet Mars (1)</u>
<u>Mantra for Planet Jupiter (2)</u>	<u>Mantra for Planet Mars (2)</u>
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<u>Mantra for Planet Venus (1)</u>	<u>Mantra for Planet Saturn (3)</u>
<u>Mantra for Planet Venus (2)</u>	

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LAW & DISPUTE RELATED MANTRAS

[Mantra for Resolving Disputes \(1\)](#)

[Mantra for Resolving Disputes \(2\)](#)

[Mantra for Solving State Accusations & Court Related Problems](#)

[Mantra for Releasing from Imprisonment \(1\)](#)

[Mantra for Releasing from Imprisonment \(2\)](#)

[Mantra for Releasing from Imprisonment \(3\)](#)

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ANIMAL RELATED MANTRAS

<u>Mantra for Victory Over Fear of Lion</u>	<u>Mantra for Curing The Scorpion's Bite</u>
<u>Mantra for Taming Elephant</u>	<u>Mantra for Curing Scorpion's Venom</u>
<u>Mantra for Holding the Venomous Reptiles</u>	<u>Mantra for Curing Rabies (1)</u>
<u>Mantra for Curing the Poisonous Effects (1)</u>	<u>Mantra for Curing Rabies (2)</u>
<u>Mantra for Curing the Poisonous Effects (2)</u>	<u>Mantra for Curing Creature's Poison</u>
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<u>Mantra for Curing the Poisonous Effects (5)</u>	

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CELIBACY RELATED MANTRAS

[Mantra for Empowering Celibacy_1](#)

[Mantra for Empowering Celibacy_2](#)

[Mantra for Empowering Celibacy_3](#)

[Mantra for Nocturnal Ejaculation_1](#)

[Mantra for Nocturnal Ejaculation_2](#)

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OCCULT RELATED MANTRAS

<u>Mantra for Removing Effects of Evil Spirits (1)</u>	<u>Mantra for Removing Problems Caused by Vyantar Deities (1)</u>
<u>Mantra for Removing Effects of Evil Spirits (2)</u>	<u>Mantra for Removing Problems Caused by Vyantar Deities (2)</u>
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<u>Mantra for Removing Effects of Evil Spirits (5)</u>	<u>Mantra for Removing Evil Eye Sight (2)</u>
<u>Mantra for Removing Evil Eye Sight (1)</u>	<u>Mantra for Resolving Tantrik Problems (1)</u>
<u>Mantra for Removing Evil Eye Sight (2)</u>	<u>Mantra for Resolving Tantrik Problems (2)</u>
<u>Mantra for Removing Bad Effects of Occult & Illness</u>	

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MANTRA THERAPY



Mantra Therapy is an anthology of 365 Mantras which have been compiled by Acharya Mahapragya from various Jain scriptures.

The essence for the power of mantra lies in establishing oneness with the goal. Thus, it is important to pay particular attention to (i) Place (ii) Time (iii) Chanting (iv) Concentration (v) Breath

Samani Punya Pragyaji has melodiously recited all the mantras which will bestow various spiritual and physical benefits.

Acharya Mahapragya states that in Jain philosophy all souls possess infinite powers. We need to harness this power within our selves. Mantra is the medium of searching for this inner power. Practice of mantra is thus a way of self empowerment. A mantra is a sacred verbal formula repeated in a prayer, meditation or incantation, such as an invocation to God, a syllable or portion of a scripture containing mystical potentialities. Etymologically MAN means mind and TRA means protection. Thus mantra is something which protects the mind. Mantra is an armour. Not even a single atom can penetrate it. Mantras have enormous powers. Sound waves can open tightly closed doors, turn ignorance to knowledge, sorrow to joy, weakness to strength. Different sounds have different effects on human psyche. Correct pronunciation and intonation of Mantras is extremely important. It is essential that there is harmony between recitation and breath. Certain organs of our body emit bioelectricity. Words get charged with the electricity and the resultant vibrations create energy. Sacred utterances or chanting of mantras therefore provides us with the power to attain our goals and lift ourselves from the ordinary to higher level of consciousness. Mantras give us the power to cure diseases, wars of evils, gain wealth, acquire supernatural powers and worship a deity for exalted communication. Continuous chanting of mantra (jaap) begins with words but eventually words disappear and the devotee attains one-pointedness or extreme focus, on the chosen deity or principle idea of the mantra whereby MANTRA comes alive and there is radiance everywhere